

Touchpoint

Catalog - 2012

Institute Of Reflexology & Kinesthetics



Reflexology Seminars
with
Yvette Eastman

2267 Kelly Avenue, Port Coquitlam, V3C 6N4
604- 554-0252

yvette@touchpointreflexology.com
www.touchpointreflexology.com

Certificate Workshops and More

Practitioners Complete Reflexology 101

Meridians on the Feet Reflexology 301

Advanced Reflexology 1 and 2

Hot Stone Foot Reflexology

Hand, Face, Ear, Body Reflexology

Pawspoint Reflexology for Animals

Emotional Freedom Technique (EFT)

Chakras on the Feet

See page 3 for
Touchpoint's
Health & Healing
ALASKA Cruise
June 10-17, 2012

Local - **604-554-0252**
Outside Greater Vancouver -
800-211-3533



**Touchpoint Institute of
Reflexology and Kinesthetics
Opportunities For Professional Growth
Catalogue of Certificate Programs 2011**



Professional Certification Classes Presented:

- Practitioners Complete Reflexology
- Advanced Reflexology 1
 - Advanced Reflexology 2
 - Meridians on the Feet
- Reflexology,
 - Foot Reflexology
 - Hand Reflexology
 - Ear Reflexology
 - Face Reflexology
 - Body Reflexology
- Reflexology Teachers' Update Program
- Teachers Program
- Chakras on the Feet
- Emotional Freedom Technique
- Pawspoint for Animals Reflexology
- Hot Stone Reflexology for Feet & Legs

**Touchpoint Institute of Reflexology and Kinesthetics is registered with:
RRCO - Reflexology Registration Council of Ontario,
NHPC - Natural Health Practitioners of Canada,
RABC - Reflexology Association of BC
NTCB - The Natural Therapies Certification Board (US)**

Touchpoint Institute of Reflexology and Kinesthetics strives to:

- ❖ Educate people of all ages and ability to new career options in Health.
- ❖ Offer the newest and most effective techniques in Reflexology and Kinesiology.
- ❖ Provide a safe, stress-free environment, so that each person can learn.
- ❖ Expand your skills with many modalities, to help yourself and others.
- ❖ Network with others in our field and in complementary fields aid more people.
- ❖ Challenge our "personal journeys" with great successes.



Yvette Eastman has been teaching and maintaining a full time practice in Reflexology, Touch For Health, and other Kinesiology for over 35 years. Yvette remains approachable, to her students and clients, even though she has attained international acclaim with her many programs, books, charts, video and CD's. Yvette is known for the dynamic quality of her teaching and the vastness of her knowledge. She delights in sharing it. "It's like a joke," says Yvette, "If you don't tell someone, you forget the punch line!" She eases people into learning and fun. Her seminars are stimulating, and thought provoking and full of the joy of learning. Her search for better, easier and more effective ways to help people is continuous. Since she is eclectic in her practice, diversity has become the basis of all her teaching. Yvette synthesizes new and old information. She is down to earth in her teaching and can even ground energy modalities in reality!

My Dear Friends and Health Workers,

Thank you for taking the time to look through our catalogue. My life's purpose is to educate people in self-help healing techniques. I present many methodologies to help you become confident and competent. I encourage you to explore with us and look forward to speaking with you by phone, e-mail or in person.

Warmly, Yvette



**TOUCHPOINT HEALING AND HEALTH EXTRAVAGANZA
AN ALASKAN CRUISE**

Join us for a special cruise to Alaska, June 10, 2012, leaving from, returning to Vancouver.

Along with the fun of a 7-day cruise among like-minded people, we have many presenters offering workshops, demos, sessions in their field. Among the modalities presented, "Tapping for Life", "Success over Distress" "Playing with tuning forks for treatment and amusement", "Face Reflexology", "Hot Stone Reflexology", "Hypnosis for addictions", "Quick and Easy Corrections for Pain and Stress", Quantum Touch, Tapping, different forms of Reflexology, Specialized Kinesiology, "Colour and Crystals for Health" and many other exciting seminars and workshops.

For more information and a registration form (not a commitment), Get in touch with Yvette Eastman. Do this soon, rooms are almost all booked up!

604-554-0252 or toll free: 800-211-3533

yvette@touchpointreflexology.com

If you want to be a presenter, please write a paragraph to describe your event. It will be included in a flier that will be distributed on board.

If you want to join us, fill out the form below so we can include you in the head count and make sure you get what you want.

1. Your name, _____ Address, _____ Phone #, _____ e-mail _____.
2. Do you have any special needs - wheelchair, scooter, walker? pram? _____
3. Are you OK with "freestyle" during the cruise which means more casual dining and dress code? _____
4. Interested in presenting a lecture, workshop, demo about your health modality? ___ What would you like to present? _____
5. Are you interested in attending lectures, demos, workshops in health modalities? What might you be interested in? _____
6. Do you want windows, (Oceanside)___no windows, (inside)___ sliding door that opens (balcony with opening door___ Lower Deck _ Higher deck_ Penthouse _
7. Do you want a single room ___ shared Accommodation (2,4 in a room) ___ Shared accommodation for 2 would be in order if you are with your partner, child, friend etc. or because it is cheaper. We will try to find a roommate.
8. Are you interested in an all-inclusive voyage where taxes, gratuities are included? _____
9. How many people will there be in your party? _____
10. Any specific requests? _____
11. Are you willing to commit to the cruise provided it offers that which you require for a pleasant vacation? _____ This commitment is not a promise - just a sign of interest. True commitment comes when a deposit is requested. Even then, your payment is fully refundable! Deposit due in March
12. Do you know any people who would like to be part of our Health and Healing Extravaganza? Please let me know their names & e-mail addresses so I can write them or pass this questionnaire on to them.



OUR PROGRAMS

Looking for a progressive new class? Make your weekends count! Our certificate classes in Reflexology, Kinesthetics and more are presented on weekends. Check pages 4,5 to find the ones that interest you. Some have longer descriptions in the rest of the catalogue.

BONUS!!! Register for any 2 3-day classes & receive Yvette's Book "Around the World With Reflexology"

Touchpoint Reflexology Programs

Many students have wanted to become more proficient in Reflexology, having complained that upon finishing the short programs they do not feel competent about starting on their own.

For this reason, I have prepared classes that teach many different forms of reflexology. Many are suited for what I term "Health Reflexology" as their direction is to improve and maintain a healthy body and mind. These include all levels of Foot Reflexology, Hand Reflexology, Meridians on the Feet Reflexology, Body Reflexology. Among those classes are also the Specialized Kinesiology modalities – Touch For Health, Emotional Freedom Technique (also known as 'Tapping'), and Classes on Quick Tips for Pain and Stress Relief. And our most delightful class – Pawspoint Reflexology for Animals.

There are also modalities, which, though also dealing with the body/mind/spiritual connection are better suited to working with people in Spas and beauty Parlours. They fall into the category of Relaxation Reflexology. These include Face, Ear, again Hand Reflexology, Quick Tips, Chakra Reflexology, Visual Cues Foot Reading. Of course they improve health as did the first group, but because of the areas worked on and their immediate result, they are well suited toward working in a spa setting, working with seniors, group sessions and "parties".

Touchpoint teaches them all. They are independent of each other so that you can learn them in the order that is most preferable.

Participate in as few or as many sections as you wish in order to expand your knowledge and continue with your personal journey.

The classes on the next page are short courses on a variety of subjects facilitated by myself as well as other instructors hand-picked for their knowledge and teaching skills. Some carry certification. They used to be part of the Diploma 5-month program. This venue is no longer being taught but I will direct you to the best instructors for each of the classes.

The **CAPITALIZED** programs marked in black are special programs but do not give certification – such as German New Medicine, Herb Walks, Quantum Touch, Therapeutic Touch and more.

Our **Teachers Program (10 days)** will be held every May. Teachers wanting to update need to do so every 5 years to retain their teaching certification. **Teachers Update Class** is 2 days long.



TOUCHPOINT REFLEXOLOGY PROGRAMS

Phone for information or to register - 604-554-0252 or e-mail:
yvette@touchpointreflexology.com

THE SCHEDULE for the 2012 courses:

Jan 7,8, 2012 – **BODY REFLEXOLOGY - Y Eastman** (Certificate) Learn reflexes on body to change symptoms of dis-ease, pain, structural concerns and more. \$535
Jan. 14,15 & June 1&2, Aug 25,6, 2012 - **PAWSPPOINT REFLEXOLOGY FOR ANIMALS – Y. Eastman** How to use reflexology on any animal, along with kinesiology modes and tricks and treats from other modalities. \$535
Jan 21,22, 2012 - **EMOTIONAL FREEDOM TECHNIQUE (aka Tapping) Y. EASTMAN** (Certificate) Relieve phobias, fears, Emotional & physical traumas, addiction, bad habits – **TRY IT ON EVERYTHING!** \$495
Feb 24-29, 2012 **EXTRA!!!! ADVANCED REFLEXOLOGY PHASE 1 & 2 Y Eastman** Tuition \$835 per phase – both \$1390
Mar 10,11, 2012 - **CHAIR MASSAGE AND SHOULDER WORK - \$535** Learn to release back pain, back tension, along with shoulder concerns Shirley VanderKooi & Y Eastman
Mar 24,25, 2012 – **FACE REFLEXOLOGY – Y Eastman**, Relieve tension, clear headaches, reduce sinus concerns \$535
Mar 31, April 1, 2012 - **HAND REFLEXOLOGY PHASE 1** Easy-learn Korean methods \$535 (2days) Phase 1 or Phase 2 can be stand-alone programs Y Eastman
Mar 7,8, 2012 - **HAND REFLEXOLOGY PHASE 2** Touchpoint/Ingham method \$535 (2days) Phase 2 can be a stand-alone program Y Eastman
Mar 14, 2012 - **CHAKRA REFLEXOLOGY - Y Eastman** (Certificate) Learn how Chakras affect the entire system and how they can be accessed during a reflexology session on the feet. \$305
Mar 15, 2012 - **EAR REFLEXOLOGY - Y Eastman** (Certificate) Using an energy model, work on the ear to affect behaviours, emotions, chakras as well as different organs and body parts. This is not Auricular therapy. \$305
Herb Walks - March 3, 17. Learn to recognise and use the

herbs in your garden. Learn the emotional life of herbs. Make your own salve. Mar 21, 2012 for the Emotional Life of Herbs. Joanne Giroux – Wild Woman Herbs. Tuition: \$285 + HST per class - all 3 - \$535 + HST

Apr 29, 2012- **QUICK TIPS FOR PAIN AND STRESS RELIEF Y**

Eastman(Certificate) Relieve spasms, cramps, headaches, arthritic pain, vision improvement and more! \$285

May 14,15, 2012 **TEACHER's Program #1** / May 16-19, 2012 **TEACHER's Program #2**, / May 19-21, 2012 **TEACHER's Program #3** / May 22,23, 2012 **TEACHER's Program #4** (Update Only) May 19-21, 2012 **Program #3** -



PRACTITIONERS REFLEXOLOGY (PR101) –This is the 3-day basic reflexology certificate class; a reflexology intensive (Entry Level) **Y EASTMAN** \$835

June 1&2, - **PAWSPOINT REFLEXOLOGY FOR ANIMALS** – **Y. Eastman** How to use reflexology on any animal, along with kinesiology modes and tricks and treats from other modalities. \$535

June 30, 2012 - **HOT STONE FOR FEET AND LEGS** - **S. Gelb** - A wonderful way to relax and add another dimension to reflexology \$285

Aug 25,6, 2012 **PAWSPOINT REFLEXOLOGY FOR ANIMALS** – **Y. Eastman** How to use reflexology on any animal, along with kinesiology modes and tricks and treats from other modalities. \$535

TEACHER's Program #1 May 14,15 **TEACHER's Program #2**, May 16-19 **TEACHER's Program #3** May 19-21 **TEACHER's Program #4 (Update Only)** May 22,23

May 19-21, 2012 - **PRACTITIONERS REFLEXOLOGY (PR101)** –This is the 3-day basic reflexology certificate class; a reflexology intensive (Entry Level) **Y EASTMAN** \$835

June 1&2, Aug 25,6, 2012 - **PAWSPOINT REFLEXOLOGY FOR ANIMALS** – **Y. Eastman** How to use reflexology on any animal, along with kinesiology modes and tricks and treats from other modalities. \$535

June 6, 2012 - **HOT STONE FOR FEET AND LEGS** - **S. Gelb** - A wonderful way to relax and add another dimension to reflexology \$285

July 7,8, 2012 **MERIDIANS ON THE FEET** - **Y EASTMAN**- Work the foot as if it were a body, with its very own meridians. using specific corrections just for that client. Rebalance their system and their emotions. This seminar synthesizes Reflexology, Applied Kinesiology, Meridians, Acupuncture points, Energy work



We can offer financial assistance by having you pay in post dated Credit Cards or cheques. There is a small fee for each post-dated item. You will have a 3 to 6 month window in which to pay the tuition.
 (\$10 handling fee per post-dated cheque or credit card for payments in the first 3 months, \$20 for payments delayed from 4-6 months)





Touchpoint Institute Programs

Financial assistance Available for our classes.

PRACTITIONERS COMPLETE REFLEXOLOGY – PR 101 (Entry Class for Beginner’s)

- *Basics to become a competent Certified Practicing Reflexologist.
- *Visual cues that assess the physical and emotional life of your client.
- *Foot reflexes to assist the person in regaining and maintaining health.
 - *Anatomy & physiology from the body/mind point of view.
- *Innovative, simple, logical techniques
- *Relieve headaches in seconds.
- *Business & Communication Skills
- *“Desserts” & “treats” to calm anyone
- *Pain relief techniques.
- *Location of organs on foot and body.
- *Back & Hip Pain relief
- *Learn without stress

This class is 85% hand- on. It will teach you all the techniques you need to improve circulation, assimilation, relaxation, elimination, returning a person to their healthy, normal state. The class is 93 hours of both in class (33 hours) and practicum time (60 hrs).



For your practicum, you will work on 60 pairs of feet, on your own paying clients, marking observations and visual cues. Upon finishing your practicum and having it marked and returned, you will receive a second certificate. There is no extra cost for the practicum – its intention is to teach, not test. We recommend 25 hours of “shadowing”

& receiving 2 sessions with a professional reflexologist. Class hours total 122 hours.

*Touchpoint 1st Steps Manual included in tuition along with full notes in binder (over 400 pp)

CLASSES TWICE PER YEAR – MAY (Victoria Day Weekend) & OCT (3rd weekend) Vancouver area, Venue: #216 – 2267 Kelly Ave. Port Coquitlam, BC Phone: 604-554-0252. Outside greater Vancouver, call 1-800-211-3533

May 19-21, 2012 (Victoria Day) with Y. Eastman

Tuition \$835 +HST - \$40 earlybird discount or *Life members receive 10% discount

ADVANCED REFLEXOLOGY #I - Review basics, new reflexes, New maps (Formerly 201)

- *Review-improve your skills
- * correct bad habits
- * Insure safe technique
- * New techniques
- *Correct foot deviations
- *Correct uneven legs
- *More anatomy, physiology

NEW, XTRA!!
Feb. advanced class
Class size limited

- *Pathology affected by Reflexology.
 - *Many Reflexology charts
 - *“Bone Moving”
 - *understand feet, hands, ears, face

with Y. Eastman

Tuition: **\$835 +HST Feb 24-26 – Port Coquitlam**

Deposit \$100 * life membership discount or Early Bird discount

Register for both to receive a discount . Total cost will then be \$1390 +HST

ADVANCED REFLEXOLOGY #II - New modes, New concepts, Improve confidence

- *Carpal tunnel correction
- *Chakras on the feet
- *Energy techniques
- *New corrections
- *New techniques,

- *New body reflexes,
- *unusual massage techniques
- *Explore Bodytalk,
- *Cranio-Sacral work
- *TTouch for people

You will be giving a presentation Share something of value for which you have a passion!

It need not be health-related. The subject must be an expression of your feelings while educating us, your audience. Prepare it in advance. It can be 10 minutes to ½ hour long. **with Y. Eastman**

Tuition - \$835 +HST Feb 27-29, Poco Office, Register for both classes running concurrently to receive a discount, total \$1390 + HST for both classes. Dep. \$100

TOUCHPOINT REFLEXOLOGY CERTIFICATE HOMESTUDY (EQUIVALENT TO PR 101)



Learn at home, at your own pace, while receiving the best possible instruction and a "hotline" to Yvette Eastman. You receive a binder with 16 lessons, along with 16 quizzes to challenge you. E-mail them to Touchpoint. Yvette reads and comments on them, then returned to you. Yvette is at your side every step of the way, assisting you and making sure that you are comfortable with the information. Topics range from 'Buying the best shoes' to 'Visual cues' to reflexes for specific ailments.

Anatomy and Physiology are both taught - simply, yet completely, with consideration to whole body interaction. Along with the lessons, you receive DVD & CD's, small and large wall charts, dial a reflex for hand & foot, wallet cards and the famous manual, "The First Steps". Our Homestudy programs have reached Saudi Arabia, China, South Africa Australia, all of Canada and the US. Your first practical exam can be videotaped; or you can choose to work on a Registered Reflexologist, or attend a seminar, at no extra cost.

There is a 2nd practicum performed on clients, where you will record your findings on 60 pair of feet. This will award you a second certificate. This is identical to the practicum used with the Practitioner 101 students. The results of this course have been amazing- people are learning as if Yvette were in their home as private tutor! Learn fast or slowly, it's up to you. **Tuition: \$995 +HST** and includes 17 lessons in Reflexology, the 16 quizzes, a final exam and individualized correction by Yvette throughout the program. An **additional fee of \$700 +HST** covers manuals, DVD, CD's, dial-a-reflex wheels, all charts, (wallet size, 11x17 and 24"x36")the quizzes and exams and their correction and the one-on-one phone assistance. The **TOTAL TUITION** and material cost can be 1 installment of **\$1695 +HST** - or **8** installments of **\$235 +HST**. (Please send 1 present-dated and 7 post-dated cheques (1 or more per month). The entire program will be mailed to you at once. Paying over a period of time facilitates you financially but it is more expensive, though less expensive than the PR 101, since you need not travel or stay in a hotel and it includes all the learning aids. You may attend a hands-on PR 101 at any time, at no cost, within 5 years of your Homestudy certification to update yourself. Attend the hands-on seminar. Start & end at any time.



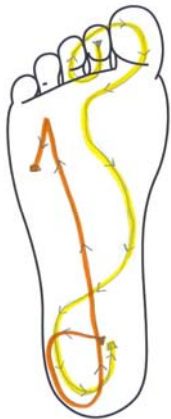
MERIDIANS ON THE FEET REFLEXOLOGY – MR 301

Imagine working the foot as if it were a body, with its very own meridians. Imagine that you can perform a session using specific corrections just for that client. Imagine that you can rebalance

their system and their emotions within one session. This seminar synthesizes Reflexology, Applied Kinesiology, Meridians, Acupuncture points, Energy work

- *shortens and directs your session
- *involve various health components. I
- *consider the entire body/mind
- *include client's emotions
- *discover cause of dis-ease
- *choose corrections from all your skills.

- *Use energy concepts in Reflexology.
- *Access only relevant corrections
- *Balance client's important issues
- *Use muscle checking
- *determine effective corrections



By the end of the seminar, your 'noticing' skills will be heightened, your choice of quick and permanent corrections will enhance your work. **Manual included in tuition**
Prerequisites: Practitioners' Reflexology cert PR 101. Or Touch For Health, or any muscle checking class – Edu-K, One Brain etc. * life membership discount honoured with Y. Eastman

Tuition: \$535.00 +HST \$40 earlybird discount or *Life members receive 10% discount.
Vancouver area – Poco Home office: –Sat-Sun. July 7,8, 2012

PAWSPPOINT – REFLEXOLOGY FOR ANIMALS PA 102

Is your dog a fear-biter? Does your cat spray? Is your animal in pain physically or emotionally? Does your dog jump up on people? Is your animal aggressive or hard to train. Learn techniques to relax your dog, cat or horse and to improve & maintain his health, reduce behaviour problems while bonding in a special way. Presented in a 2-day format – bring your animals – dog, cat, ferret or rabbit. Learn the reflexes and apply them. Start you and your best friend on a new path. ***Life members receive 10% discount Complete Manual included in tuition**

Venue: Vancouver Area – Poco Home office: Jan 14, 15, 2012 and again June 2, 3 2012 with Y. Eastman Tuition: \$535 +HST *Life members receive 10% discount or \$25 EARLBIRD DISCOUNT - \$25

HAND REFLEXOLOGY - HR 102

Some prefer to have Hand Reflexology. Some practitioners give their clients “homeplay” reflexes on their hands so they can help themselves. I work the hands as well as the feet in every session – to tell the body that I mean business! Learn 2 methods of hand reflexology, both easy to learn and remember. Learn some fine relaxation techniques for hard-working hands and carpal tunnel corrections.



Manual included in tuition \$25 DISCOUNT with early registration Venue: Vancouver Area: (Poco) Phase 1 - Apr 2,3-Tuition \$535 for each phase +HST Phase 2 – Apr 7,8–Take both \$835 - *Life members 10% discount, \$25 earlybird discount. with Y. Eastman

BODY REFLEXOLOGY –BR 103



Specific points to correct specific discomforts - headaches, arthritis, heart concerns, sciatica, neck, shoulder, back problems and more. Enjoy energy corrections and learn to trust your own value judgment as you work on your clients. This is an excellent class that blends the physical and spiritual aspects of health. **Manual included in tuition. Venue: Poco office Jan 7, 8, 2012 Tuition: \$535 +HST \$25 earlybird disc't or *Life members 10% disc with Y.**

Eastman

EAR REFLEXOLOGY ER 104



This class is not acupressure of the ear. It looks instead at energy centres of the ear and balances chakras, sounds, colours, muscles, behaviours, organs and as they relate to each individual. Knowledge of muscle checking is useful. Learn several methods of clearing the ears and aiding in deafness and tinnitus.



Manual included in tuition. with Y. Eastman

Venue: Vancouver Area, Poco Home Office: Mar 15, 2012. Tuition: \$305 +HST *Life members receive 10% discount or \$20 earlybird discount

SHOULDER WORK SRP 108

Even a 15 minute session of Shoulder release points will cause a dramatic change. Locate and correct muscles to relieve pain, and stiffness. Use it for people and animals. Chair massage – great for ending a session or for work in hospitals, fairs, corporate work.

- *Correct an old rotator cuff injury
- *Return your clients arm to mobility
- *More reach backward and forward
- *Release chronic pain
- *Eliminate acute pain
- *Regain flexibility
- *Return shoulders strength
- *Return normal function.

Venue: Poco Home Office: Tuition: \$285 +HST for any Individual of the following day classes Tuition: - SHIATSU and WESTERN CHAIR MASSAGE, SHOULDER RELEASE – with S. VanderKooi & Y Eastman-, Mar 10, 11, 2012 \$585 if you sign up for all 3. Can be held over for next semester.



FACE REFLEXOLOGY FR 105



You will perform one of the most relaxing Reflexology sessions as you work on the neck, face and scalp to ease pain of sinusitis, tension, and headache or to allow for total relaxation. Two different techniques are used, both of them totally applicable to the esthetician, massage therapist as well as for the Reflexologist. **Manual included in tuition** Venue: Vancouver Area

Belcarra Home Office:

Sat/Sun – Mar 24,25, 2011 with Y. Eastman & S. VanderKooi

Tuition: \$535 + HST *Life members receive 10% discount or \$25 earlybird discount

CHAKRAS ON THE FEET CF 106

Chakras are the interface between the physical and non-physical elements of your system. A lump in your throat may have to do with fear, or something you can't speak of or a spasm of the muscles, or a thyroid condition. A "gut feeling" is another example that we experience. Perhaps you know about chakras and how to balance them on the body. Here is a unique system of Chakra balancing within the a Reflexology session. Two different systems will be presented. Each deals with the different facets of the Chakras, spiritual and emotional as well as physical aspects. Learn how to use sound, aromatherapy, colour and crystals to enhance your chakra session. **Manual included in tuition with Y. Eastman** Venue: Vancouver Area Poco Home Office: **Apr. 14, 2012 - Tuition: \$305 +HST** or ***Life members receive 10% discount** or \$20 earlybird discount



HOT STONE REFLEXOLOGY FOR FEET AND LEGS HS 107

You will learn the use, the positioning, and the handling of hot stones on the entire body and the method will use Reflexology. Excellent for the client with foot or leg problems – from restless leg to plantar fasciitis, as well as for the sheer pleasure of warm feet and relaxation. Perform the session and receive a session as you learn by doing. Relaxing for the practitioner as the stones keep your hands warm and relieve any discomfort you might have. Excellent for practitioners with arthritis. **S. Gelb** your Facilitator. Venue: Vancouver Area Poco Home office: **June 6, 2012 Tuition: \$285 +HST**



EMOTIONAL FREEDOM TECHNIQUE EF 501

Relieve traumas, phobias, and pain as well as small irritations that niggled and disturb your peace. This 2-day class will deal with specific points to tap in order to release whatever you choose swiftly, easily and with no uncomfortable repercussions.

Bring your

Habit to class to get rid of it.

*bad habits,

*phobias

*cravings

*chocolate craving

*Diet Coke addiction

*Post-traumatic stress

*Daily stresses

*illness

*migraines

*smoking

*weight concern

*chronic pain

*emotional pain

*Drug/alcohol addiction

The results are swift and magical and permanent! See and feel the immediate changes. So easy to learn, you will teach your kids and your friends how to use it.. Illustrated notes included. This method can be used on any animal with great success. Venue: Vancouver Area Poco Home Office – **SAT/SUN Jan.21,22, 2012**

with Y. Eastman

Tuition: \$495.00 +HST - \$25 earlybird discount

PAIN-AWAY & STRESS-AWAY QUICK TIPS

Learn easy ways to overcome pain, stress quickly, easily, as well as many symptoms of aging or immune malfunction. Be able to help family, friends and clients. They will thank you! Find the cortisone point, the "morphine" point even the hiatal hernia points. **\$305 + HST** -Manual included. **101+ QUICK TIPS by Y Eastman - Apr 29 2012. with Y. Eastman**

THE TEACHERS PROGRAM - REFLEXOLOGY: THE TEACHERS PROGRAM

Open to the Graduate of all three Reflexology Levels intending to teach **Touchpoint Certificate Practitioners Complete Reflexology** classes of their own. We will consider students of other schools that have attained our standards. Contact Touchpoint to find out if your school's certification is eligible for advanced studies. If not, you may be required to attend the **Practitioners Complete Reflexology** seminar, and you will require an interview with Yvette (Can be a phone interview).

You must take Touchpoint's advanced programs, **Advanced Reflexology, #1 & # 2**, and have up to date information from the Practitioners program. You must also be certified in **Meridians on the Feet Reflexology** before continuing on to the **Teacher's Program**. The purpose is to learn about meridian channels, their power and corrections, but also, because Meridians will take you on your own emotional self-discovery. You cannot adequately work with others if you have not searched your behaviours, emotions, and issues. Our method of teaching personal journey work, as well as the curriculum, is what makes Touchpoint Institute special and different from other schools.

1st Aspect, May 14. 2012; 2nd Aspect May 17-18, "12 & 3rd Aspect, May 19-21, "12 and 4th of the Teacher Program (also Update) May 22-23 - Tuition: \$2895 +HST

Your objective is to be able to present a **Touchpoint Certificate Practitioners' Complete Reflexology** seminar. In the 1st and 2nd Aspect, you will be: Reviewing and learning all of the theory, practical aspects of Reflexology. **During the 3rd Aspect** the new Teacher will present a portion of the class of the Practitioner program to colleagues. **The 4th Aspect will be updating information – new ideas, new information from across the world.**

Some of the topics covered:

- How to answer student questions
- How to research
- How to pace yourself
- Reviewing the basics and New techniques
- Games or fun ways to present information (Each student will prepare 1 method of presentation that is fun and elicits laughter
- Present large amounts of material easily, gently and completely
- Work with physically challenged students allowing them to develop a career
- Understand and be able to teach the illiterate or dyslexic student
- Learn how to generate classes for your self
- Learn how to "read" students in order to give each what he needs according to his abilities.
- Work with generosity, caring and sharing as the backbone of your teaching
- Remember how to laugh

Update Teachers Program every 5th year Tuition: \$795 +HST May 22-23

- Review your own skills to make sure that you are teaching Touchpoint.
- Teach with pleasure and fun in mind in a stress-free environment.
- Become comfortable with public speaking to share your knowledge
- Learn to accept criticism easily, as a learning tool for your improvement

- Adapt your personality and techniques to the Touchpoint method.
- Learn to express and share the joy of learning with new students.
- Learn any new information from around the world.

NOTE: Taking all aspects of the Teachers Reflexology Program, your investment will be **\$2895 +HST Individual classes are \$795 each. Repeating entire Teachers class? - \$1400 +HST**

Tuition: - includes notes in a binder and a flashdrive with PowerPoint notes for computer /or for copying onto transparencies. ***Life members receive 10% discount or** Receive a \$40 discount with early registration. Deposit: **\$200**

Updating students can purchase a new binder, and/or a flash drive. See below.

Venue: Port Coquitlan office – 216- 2267 Kelly Ave, Port Coquitlam, BC V3C 6N4, Phase 1 May 14 - 18 2012 Phase 2 -May 19 –21, Phase 3 May 21-23. (You will be involved in the May 19-21, 2012 **Touchpoint Practitioners' Complete Reflexology Seminar (PR 101)** to teach a portion of that class as your practical experience).Phase 4 May 22-23, is the update program and can be taken independently to update as a requirement to update your information. Class size is extremely limited; register early.

FINANCIAL AID is available by postdating cheques or credit cards. **(\$10 handling fee per post-dated cheque or credit card for payments in the first 3 months, \$20 for payments delayed from 4-6 months)**

The new Teachers Updating Program will be a 2-day program on May 22,23, 2012 **Teacher's Up-dating Seminar must be taken every 5 years to maintain your Touchpoint Reflexology Instructor's Certificate.** This insures you that your students can receive insurance via the boards listed below. \$795. **with Y. Eastman**

Tuition for each phase of the program is: **\$795 +HST *Life members receive 10% discount or \$40 earlybird discount.** If you require a new Teachers class binder, cost: **\$35. If you want a new PR 101 binder, \$55** For a PowerPoint presentations and newest notes on a flashdrive, the cost is **\$65. Deposit** For Update class: **\$100**

Register with Yvette: yvette@touchpointreflexology.com or Barbara: touchpointreflexology@yahoo.ca

COMING SOON!!! Learn reflexology from the comfort of your home! Web instruction for Level 1 Practitioners Entry Level Program is being developed and will be ready shortly. Video and Interactive lessons. Different from Homestudy program. Dates will be announced in our brand new webpage – complete with introductory podcasts. Little by little we will introduce other programs on the net. E-mail: yvette@touchpointreflexology.com

Website: www.touchpointreflexology.com

LEARN WHILE YOU PLAY WITH LIKE-MINDED PEOPLE! Join us for a 7-Day HEALING AND HEALTH EXTRAVAGANZA ALASKA CRUISE. Phone or e-mail Yvette for information. There will be presenters from all modalities of Alternative Health. We will sail from and return to Vancouver. Sailing date JUNE 10, 2012.



TOUCHPOINT INSTITUTE OF REFLEXOLOGY AND KINESTHETICS



Member of Reflexology Association of BC,
Reflexology Registration Council of Ontario
Natural Therapies Certification Board (US)
Natural Health Practitioners of Canada

Telephone/Fax (604) 554-0252 - Outside Vancouver Area 1-800-211-3533

216 - 2267 Kelly Ave. Port Coquitlam, BC V3C 6N4 - e-mail: yvette@touchpointreflexology.com

Home page: <http://www.touchpointreflexology.com>

Touchpoint Membership

There are several purposes for becoming and continuing as a Touchpoint Member. One such reason is to belong to a like-minded group that can give you access to its members for support, continued learning, and exchange of services. This is invaluable to service-oriented people who help the world and have little time for self!

Another consideration is your opportunity to be on a referral list. Touchpoint receives about 20 calls weekly requesting Reflexologists, Kinesiologists and practitioners of various other fields. To aid in acquiring a larger clientele, your Touchpoint membership insures that your name and number are passed on. We will only refer current members.

Recently, in my search to help someone, I spent more than an hour looking for someone mobile to help a needy person. I gave out at least 15 names of Reflexologists. Those people had moved, were no longer practicing, had no car, etc. I am sorry you weren't on the Membership list. Perhaps the next request will be for you. Your membership is not a guarantee that you will receive clients, rather an opportunity. I usually give out a list of 5 names, allowing the caller to find you. **Your name will be added to my Web Page under the Referrals section.**

**Touchpoint Membership dues: \$90.00 yearly, January to December,
Lifetime membership - \$450.00. Referral is available to reflexologists & practitioners of other therapies.**

**You receive: A Certificate of Professional Membership, Free referral service,
Your web page with photo and 3 paragraphs describing your skills along with your contact information.**

**10% discount on any yearly purchase of 6 or more retail items produced by us, minimum value \$250
(The Homestudy package is not included).**

10% on starred Touchpoint classes for Lifetime Members.

(To qualify for discounts, membership must be taken out at least 3 months before your class or purchase.)

Date of Application: _____

Name

Occupation _____

Address & Postal or Zip code

() _____ () _____ () _____
Day Phone Eve. Phone Cell Phone

e-mail: _____

What health methods do you use in your practice?

What certificates do you hold?

What health methods do you use in your practise and what specifically do you want to be referred for:

Where did you get your training? How many course hours? Was there a practicum? Who was your instructor? (Please enclose copies of certificates or proof of instruction)

To what memberships or associations do you currently belong? Are you on any committees or boards?

Do you presently work in the health field? ___ Full Time ___ Part Time ___ Hours of Work

Do you have a business license? ___ If not, why not? _____
Why would you like to become a Touchpoint Member? _____

Do you teach? ___ Lecture? ___ What subject? _____ Where _____

How many years in practice? _____

Do you carry Liability and Professional Insurance? _____

Do you work out of your home or in an office? ___ Your own or a clinic? _____

Would you be available for mobile work? ___ Do you like to work with seniors? ___ In Seniors residences or hospitals? ___ With kids? ___ With people with special needs? ___ Tell me a little bit more about yourself and your way of working with people. (Use another sheet of paper where necessary)

Date _____ Signature _____

Paid by cheque ___ M.O. ___ Card (Visa or MC)

Card # _____ Expiry date _____

Name on card _____

Membership for: 1-year ___ Lifetime ___

Please use extra paper if needed to insure that we know exactly what you do. Please let us know when you change your status, have earned new certificates, have moved or changed your practise.

When our website is updated, we will be able to post your picture and paragraphs. Please send us a paragraph describing your practise, your successes, what you would like people to know about you.. We will print your e-mail address and phone number, but not your address. We reserve the right to edit your write-up. Make sure your picture is a small jpg.



TOUCHPOINT-RETAIL & ITEMS OF INTEREST

216 - 2267 Kelly Ave. Port Coquitlam, BC V3C 6N4, Phone: (604) 554-0252 outside Greater Vancouver - Toll Free 1-800-211-3533
yvette@touchpointreflexology.com / www.touchpointreflexology.com

TOUCHPOINT REFLEXOLOGY THE FIRST STEPS – Manual #101 \$49.95– TOUCHPOINT REFLEXOLOGY THE FIRST STEPS DVD #102A 2+ hr – \$85.

Touchpoint's manual and 2-hour video are both presented in a step-by-step fashion to facilitate your learning. The manual contains 159 pages, hundreds of photos, and illustrations to guide you effortlessly down the foot. It is designed for both novice and proficient practitioner. Its inside covers contain full charts of feet and hands. In its 6th printing "The First Steps" has reached all corners of the world, used by reflexologists, physio & massage therapists. Yvette guides you through the complete Reflexology DVD that compliments the manual. DVD and manual are full of extra tips about your body and its maintenance - , corrections for high blood pressure, tinnitus, burns, cramps earaches, and more. The DVD shows you how to use your thumbs and fingers, close-ups of reflex points, and explains the links between the body's different systems. A must for any serious Reflexology student.



Give a Hand–Hand Reflexology Made Simple - Manual \$49.95- E-book–\$38.95

Like Touchpoint - The First Steps, this manual is easy to read, easy to follow easy to learn from. It describes each part of the body and its anatomical position, its physiology and its reflex, explain how you work on each reflex. Lots of extra information such as visual cues for the hands, nail colour & lines, individual reflexes and their uses - Become a proficient Hand Reflexologist.



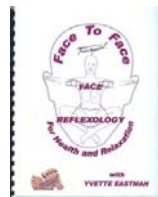
Pawspoint Reflexology for Animals #114–Manual \$49.95- E-book \$38.95

Whether you have a dog, cat or horse, all animals have a place in Yvette's heart and in her book on animal Reflexology. In a step-by-step program, she describes each reflex, how to work it on your animal. Each reflex is portrayed for dogs, cats AND for horses because the structure appears so different. This manual is full of information on many levels of care. Certification available. Cert exam is in manual. Send it to us. (\$38.95)



Face To Face Reflexology: # Manual \$49.95 E-book \$38.95

Release tension in the 91 muscles of face, neck, scalp and shoulders, enabling the skin to gain back the radiance of youth with Face Reflexology. Look at a face - "read" the signals to help choose a different diet or improve the functions of organs. be able to assess health, behaviours and emotions. More than a "how-to" book, it is a personal journey, helping you to understand more about self and others.



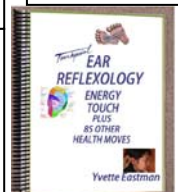
Meridians on the Feet Reflexology - Manual#115 - \$49.95 E-book \$38.95

Learn the meridians on the foot to enhance a session. Learn new ways of working with a person to include emotional issues that may have affected your client's health. Learn the use of muscle checking & short cuts to many corrections.



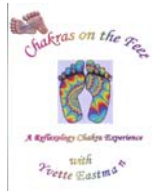
All Ears Reflexology – Energy Touch - Manual - \$49.95 E-book \$38.95

This book points out the behaviour, the emotion, the chakra, and the colour that needs attention in order to correct a health issue. Although it deals with emotions and behaviours, it is a hands-on remedy.



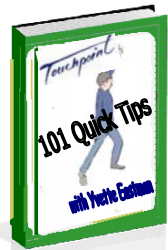
Touchpoint's Chakras on the Feet Manual \$49.95 e-book - \$38.95

Use feet and hands to harmonize the energy centres with several ways of chakra balancing. Learn it all in a down-to-earth, user-friendly way - chakra energy, energy medicine, the use of colour and crystals and sounds, emotions, even essential oils along with dis-eases prevalent in imbalances.



101 Quick Health Tips Manual - \$49.95 e-book - \$38.95

A variety of immediate corrections from Alopecia to Zits and from Sinus problems to Spasms. Relieve pain so swiftly even a child can do it. Quick energizers for Life energy, for heart health, improved study skills, and so much more. Relieve anger or fear while it is happening. Heal feet and leg problems. Stop a cold in its tracks. Eliminate itching. Name it – you'll find it!



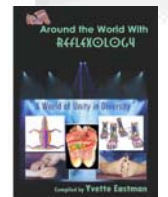
Body Reflexology - \$49.95 e-book - \$38.95

Learn different body points to rebalance the system, aid in health maintenance, reduce pain, help repair structural deviations. Very useful as an adjunct to other reflexology corrections. Good as "homeplay assignments and for those not liking foot work.



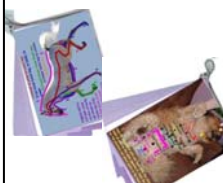
Around the World with Reflexology - \$49.95 e-book - \$38.95

An anthology of renowned and celebrated reflexology authors, instructors, health workers, practitioners. Each shares an unusual talent to educate and entertain you. Unified in our reflexology differences, we shake hands across the world! You will appreciate the centuries of its use and how effective it has always been in working with health and illness, from Ayurvedic to Vertical reflexology, for people and animals. A free bonus when you register for 2 certificate 3-day seminars, or buy 2 manuals.



PAWSPOINT-ON-A-CHAIN - Dog or Horse Flash Cards. \$35.95 both \$59.95

Pocket- size laminated 8 page composite of the Pawspoint class, in colour, on a chain for easy reference. Shows you all the reflexes, quick meridian fixes and special points. Perfect for home visits or to keep in your vehicle so you are never caught off guard. Useful even if you have not taken the class



SEMINAR-ON-A-PAGE (or 2 or 3) 8 1/2 x 11" Double-sided, laminated—

\$18.65/1p-\$27.85/2pp \$37.75/3pp - Step-By-Step "cheat sheets" describing, illustrating class content. Easy to carry format for each class 1p – Practitioners 101, Chakras on feet, EFT, Hand Reflexology, Quick Tips, 2pp – Touch For Health, Visual Cues, Meridians on Feet, Pawspoint for Animals.



Dial-A-Reflex For Foot Dial-A-Reflex For Hand \$16.95 each

Dial the problem. A handy laminated chart will show you specific reflexes to aid in relieving different discomforts. A movable wheel makes it easy to locate the dis-ease and its Reflexology correction. Useful for practitioners of many methodologies as it names all the body systems and organs involved in different ailments.





- TOUCHPOINT FOOT CHART Full Colour - 24"x36" \$28.95**
- TOUCHPOINT FOOT or HAND CHART Full Colour – 11"x 17" \$18.95**
- TOUCHPOINT WALLET CARD HAND AND EAR - Folds into your wallet Full Colour \$6.95**
- TOUCHPOINT FOOT OR HAND WALLET CARDS Single Colour - \$4.00**
- New! TOUCHPOINT WALLET Card FACE & EAR - Folds into your wallet Full Colour \$6.95**

The Foot Reflexology Wall chart is a great way to learn a new skill. Place it *behind* your *client* so *you* can follow it, so *you* can see what reflex you are about to work on next. When you become skilled, place the chart *behind you* so your client can follow what is being worked on. The smaller size is easier to carry, becoming useful in home visits. All of the Touchpoint Foot and Hand charts are powerful tools, 3D, colour, photographic, easy to follow, colour-coded, heavy lamination. **The Foot and Hand Wallet cards are simple, easy to read, plantar, dorsal & side views. The full colour Hand Wallet card also shows the ear. Perfect for your wallet.**

REFLEXOLOGY CD'S.

STEP IN TIME 90 min - \$15.95

Using a background of classical music, Yvette guides you step-by-step through a reflexology session with music. A new reflexologist would enjoy using STEP IN TIME during a session to gain confidence and competence. Listen as you drive - make the hour useful by listening!

DOWN THE FOOT - 90 min \$15.95

A relaxation and a visualisation accelerated-learning tape. Two different voices describe the reflexes' functions and location *simultaneously* speaking of different ones. The messages affect both left and right brain along with a background of soothing music. You tend to follow one voice then the other, then relax and just enjoy the music, allowing the information to reach your brain easily, gently, relaxing while you are learning. The voices belong to Yvette and Samantha Eastman

ARCHITECTURE OF THE FOOT 4 ½ hours - \$49.95

4 ½ hours of details about each organ, its function and relationship to other organs in *non-conventional* physiology. They include the study and explanation of each reflex & location. Great for the car & long commutes! A complete study of reflexology, anatomy and many bits of information that will help you perform an exquisite session. Yvette Eastman is your narrator.

TRIP TO BOUNTIFUL 90 min - \$15.95

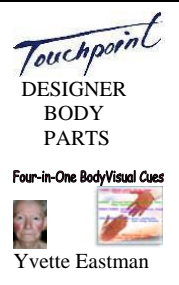
The purpose is to help you locate, and direct your needs, wants and passions. An active meditation tape, it allows for movement and awareness of thought and feeling. It becomes a dance of self-directed motion. An excellent motivator, it will help you attain your wishes.



Replacement of Class Notes downloaded: \$36.95 Must have proof of having taken class. Certificate Replacement \$20 (must have date and location of original class)
 Discounts to members—10% on purchase of 6 items or more purchased at one time - minimum \$250. Discounts to members of 10% on certain classes. See catalogue &/or price list. Free re-attendance to any student for any class within 5 years of class attended. You will be assisting Yvette in the class. Prefer not to assist- tuition ½ price for repeat student. Free Bonus – Downloaded version of Around the World With Reflexology with purchase of 2 Touchpoint manuals or registration for 2-3-day seminars.

Marking exams for distance learning from manuals & certificate will cost \$39.00, & \$28 for the practicum and its certificate.

NEW! 2 new books. DESIGNER FEET and DESIGNER BODY PARTS. These are descriptions and assessments for Visual Cues on Feet, Face, Hands, Nails, Ears. Helps you to interpret shapes, creases, bumps and bunions, identifying physical & emotional patterns.



TOUCHPOINT INSTITUTE OF REFLEXOLOGY AND KINESTHETICS



Member of Reflexology Association of BC,
Reflexology Registration Council of Ontario
Natural Therapies Certification Board (US)
(604) 554-0252 - Outside Vancouver Area 1-800-211-3533
216 - 2267 Kelly Ave. Port Coquitlam, BC V3C 6N4 – e-mail:
yvette@touchpointreflexology.com
Home page: <http://www.touchpointreflexology.com>

TOUCHPOINT REGISTRATION FORM FOR CERTIFICATE SEMINARS

(Please complete and mail or e-mail this form. Please make sure it is signed and dated –
Please complete the formal contract mailed or e-mailed to you and return it to Touchpoint.

DATE: _____

Given Name (as you wish it on certificate) Surname (as you wish it on certificate) ↓

Mr./Mrs./Ms/Miss _____

Address _____ **City** _____

Prov./State _____ **Postal Code** _____ **Phone (day)** _____ **(Eve)** _____

Fax: _____ **e-mail:** _____

Occupation: _____ **Health Related Skills** _____

Course requested: _____ **Location:** _____

Course Starting Date _____ **Course Length (in days)** _____

Tuition: _____ (Some programs have an early bird 3 weeks before seminar or membership discount)

Enclosed: Deposit \$100/ non refundable) Entire Fee Portion of tuition _____

Enter amount enclosed \$ _____

Method of Payment: Visa/ MC Cheque Money order Cash _____

For Part Payment option please fill out Payment Plan form. (No early registration discount)

We will Post-date your credit card payments

Credit Card Number. _____ Expiry Date _____

Name on Card (Please print) _____

❖ I understand and agree to the terms of this contract between myself _____ and

Touchpoint Institute of Reflexology. Please read and sign below.

Signature: X _____ Date : X _____

Your payment, including the deposit, shall accompany your registration. If you are on a payment plan, please include post-dated cheques as discussed and authorized by the Registrar. Registration and tuition received three (3) weeks prior to class constitutes pre-registration eligible for discounts on some programs presented by Touchpoint Institute. Please note the dates of post-dated cheque(s) or credit card payments on the Payment Options Page. Payment must be completed within 6 months of end of class. Contact Touchpoint to make financial arrangements other than full payment before the class begins. We can make financial arrangements with up to 2 students per program, to pay over the period of 6 months. When a student has contracted for a program and wishes to cancel the contract, before it begins, the Institution is entitled to retain a portion of the tuition. The deposit will be withheld although it may be applied to a future seminar for up to 1 year. Request a cancellation/withdrawal form if you wish to cancel or withdraw from a class. Part of your tuition can be refunded with withdrawal within first 1/3 of the class. Later withdrawal does not grant a refund. More information is in the formal contract. **Specific financial arrangements – address Director.**

TOUCHPOINT INSTITUTE OF REFLEXOLOGY AND KINESTHETICS

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Reflexology Registration Council of Ontario
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216 - 2267 Kelly Ave. Port Coquitlam, BC V3C 6N4 e-mail: yvette@touchpointreflexology.com
Home page: <http://www.touchpointreflexology.com>

TUITION PAYMENT OPTIONS

Add this form to the Registration Form when attaching or mailing. Please fill out (*)

*Today's Date: _____ *Course Name _____

*Start Date _____

*Student Name (as desired on certificate) _____

Registration Deposit: \$100 *must be received in advance - non-refundable, but can be applied to a future class within 1 year*

PLAN A – FULL PAYMENT - Full Tuition received 3 weeks prior to start of class – Also applies to Module payments for TFH,(2 modules) Advanced Reflexology (2 modules) Diploma class (9 modules)

Deposit \$100 per class or module – must be present-dated (date) _____

Plan A gives you discounts on some Touchpoint classes when full registration is paid early. (3-weeks prior to class). If you are not sure please ask!

Tuition: \$ _____ Less discount early reg. discount if applicable) or Life members discount _____ Total Tuition Fee \$ _____

PLAN B – EXTENDED TUITION PAYMENT

Tuition Fee: \$ _____ Deposit: _____ (non-negotiable) Balance less deposit: \$ _____ Mark the dates agreed upon with Touchpoint for the cashing of cheque(s) or Visa/MC (Monthly or Bi-monthly)

Payment Schedule Jan. _____ Feb. _____ Mar. _____ Apr. _____ May _____ Jun. _____ Jul. _____ Aug. _____ Sep. _____ Oct. _____ Nov. _____

Dec. _____ (6 cheques maximum) (Please add \$10 for each post-dated cheque/ credit card paid within 3 months and \$20 for each cheque extending 4-6months from class date, as a handling fee)

Amounts of each payment: 1 _____ 2. _____ 3 _____ 4 _____ 5 _____ 6 _____

No Early Bird Discount

All payments must be completed within 6 months of the final date of the class taken. (\$10 handling fee for each payment in the first 3 months, \$20 for each payment delayed from the 4th - 6th month)

PLAN C – PAYMENTS MADE AT THE DOOR

Tuition: (Full tuition, no discount, (date) _____ \$ _____

If you are receiving a grant from any source, you will receive a pre-registration discount if your post-dated payment is received three (3) weeks prior to the start of the class, made payable to Touchpoint. If it is not, then the discount will not apply and the full fee will be charged.

*I have read and agreed to the above payment schedule: PLAN A __ PLAN B __ Plan C __

*Print Name: _____ Date: _____

*Signature: **X** _____

*Please charge my credit card for the above plan dating it as mentioned: Visa M/C

*Name on Card _____ *Phone _____

*Address of cardholder _____

*Account # _____ *Expiry _____

*Authorized Signature of cardholder: _____

*Name of Participant _____

*Phone # (day) _____ (eve) _____

*E-mail address (print clearly) _____

*Address & PC _____

Authorized Touchpoint Representative

Office: Approved/Registered by: _____ Date _____

All starred manuals at left are downloadable - \$38.95 To order - phone or e-mail me S/H shipped – in Canada, **add \$22.95, In the US – add \$25.95 - Internationally, \$29.95.** If several items are purchased, & shipped in one packet, it will be reduce S/H. Our address: **#216 - 2267 – Kelly Ave. Port Coquitlam, BC V3C 6N4 – yvette@touchpointreflexology.com 604-554-0252**

Date: _____ Name _____ HST # R105329890

- Touchpoint Reflexology The First Steps - **Manual** \$49.95
- Touchpoint Reflexology The First Steps **DVD 2+hr** \$85.00
- Pawspoint Reflexology for Animals Manual \$49.95 *
- Face to Face Manual \$49.95 *
- All Ears Manual \$49.95 *
- Chakras on the Feet Manual \$49.95 *
- Give a Hand - Hand Reflexology Manual \$49.95 *
- Meridians on the Feet Reflexology Manual \$49.95 *
- Body Reflexology Manual \$49.95 *
- 101 Quick Fixes for Pain & Stress Manual \$49.95 *
- Around the World With Reflexology Anthology \$49.95 *
- DEIGNER FEET – VISUAL CUES \$49.95
- DESIGNER BODY PARTS Hand, Face, Ear, Nails Cues \$49.95
- Foot Reflexology Chart - Wall Chart - 36"x 24" \$28.95 _
- Foot Reflexology Chart - Small - 11"x 17" \$18.95 _
- Hand Reflexology Chart - Small - 11"x 17" \$18.95 _
- Foot Reflexology Wallet Card (folding) \$ 4.00
- Hand/Face Reflexology Wallet Card (folding) \$ 4.00 _
- Hand & Ear Wallet Card – Full Colour Photograph \$ 6.95 _
- Dial-A-Reflex Foot Wheel \$16.95 _
- Dial-A-Reflex Hand Wheel \$16.95 _
- Down the Foot CD (Visualisation) \$15.95
- Step in Time CD (assisted session) \$15.95
- Architecture of the Foot - 3 CD's \$49.95
- Trip to Bountiful CD (Active meditation) \$15.95
- Seminar-on-a-Chain horse or dog/cat \$35.95 ea 2/\$ 59.95
- SEMINAR ON A PAGE- laminated "cheat sheets" charts,
For each class - Which? _____ 1 page double-sided \$18.65 _
2-page double-sided - \$ 42.45 3-page dbl side \$ 27.85
- Touchpoint Reflexology Homestudy \$1695.00 Certificate Course pd in full
Purchased "on account", 8 post-dated checks
(Price incl. Retail, lessons, exam
Manual, video, tapes, charts & more) S/H + Tax) \$235.00

Address _____ Phone: _____
 (_____) _____
 e-mai: _____
 Retail Total \$ _____
 Shipping and Handling, in Canada, **\$22.95** _____
US – add \$25.95 _____
 International, **\$29.95** _____
 Tax: 12% _____
 Total: _____

Printing certificate from past class, if lost
 \$20.00 +HST) Touchpoint Membership _____
 \$90.00 year, \$450-Lifetime + HST _____
 Only members receive referrals &
 Discounts on Touchpoint retail & classes pd in full
 Members are listed on our Web page
 Seminar Registration Please complete pg.19/20
 Name & Dates of Seminar(s) or Homestudy

Deposit \$100 (non-refundable) \$ _____
 Balance of seminar fee \$ _____
 (\$25 charged for NSF checks or CC)
 Membership discount) \$ _____
 Irly Bird Discount \$ _____
 FINAL TOTAL \$ _____

CC# (Visa/MC) _____

Signature _____
 Please sign if you are purchasing by cheque or credit card
 Please print your name as it is on card below:
 Name for Certificate (Initials, Titles):: _____

Around the World with Reflexology book download \$38.95
FREE downloaded copy with purchase of 2 manuals
 or any 2 3-day classes. **BONUS with Homestudy Program** Balance of seminar fee \$ _____
 Starred classes have earlybird discounts (\$25 charged for NSF checks or CC)
Returning students – within 5 years - no fee if you assist Membership discount) \$ _____
 Tax is charged on Study Programs
 Practitioners Complete Reflexology 101 * \$835.00 FINAL TOTAL \$ _____
 Advanced Reflexology 1 & 2 * \$835 .00 ea
 Take both Advanced I & Advanced II* \$1390.00
 Meridians on the Feet Reflexology 301 * \$535.00 _____
 Pawspoint Reflexology for Animals 102* \$535.00 CC# (Visa/MC)
 Body Reflexology * \$535.00 Signature _____
 Ear Reflexology* \$325.00
 Teachers Class* (Repeating \$1400) \$2895.00 Updating \$795 Please sign if you are purchasing by cheque or credit card
 Hot Stone 107 \$285.00
 Chakras on Feet 106 * \$325.00 Please print your name as it is on card below:
 Emotional Freedom Technique* (501) \$495.00 _____
 Hand Reflexology 102 (4 days)*\$535 ea. \$835.00 both Certificate Name (Initials, Titles):
 Face Reflexology 105* \$535.00
 Pain & Stress Release Quick Tips \$325.00

All starred manuals at left are downloadable - \$38.95 To order - phone or e-mail me
 S/H shipped –in Canada, **add \$22.95, In the US – add \$25.95 - Internationally, \$29.95.** If several items are purchased, & shipped in one packet, it will be reduce S/H.
 Our address: **#216 - 2267 – Kelly Ave. Port Coquitlam, BC V3C 6N4 – yvette@touchpointreflexology.com 604-554-0252**

OUT OF TOWN CLASSES

Become a Touchpoint Reflexology Practitioner. The following teachers are presenting certificate classes this year.

Instructor: Cyndy Dowhun

Dates: TBA

Location: Edmonton, AB

sagewholistic@yahoo.ca

Ph: (780) 450-2687

(250) 836-3913

Elsie Meyers

Practitioner's Complete Reflexology Course

Medicine Hat, AB

March 18, 19, & 20, 2011. (Fri., Sat., & Sun.)

Contact: Healthpoints - 403-580 8036

emeyers@telus.net (Please write "Reflexology Course" on the subject line)